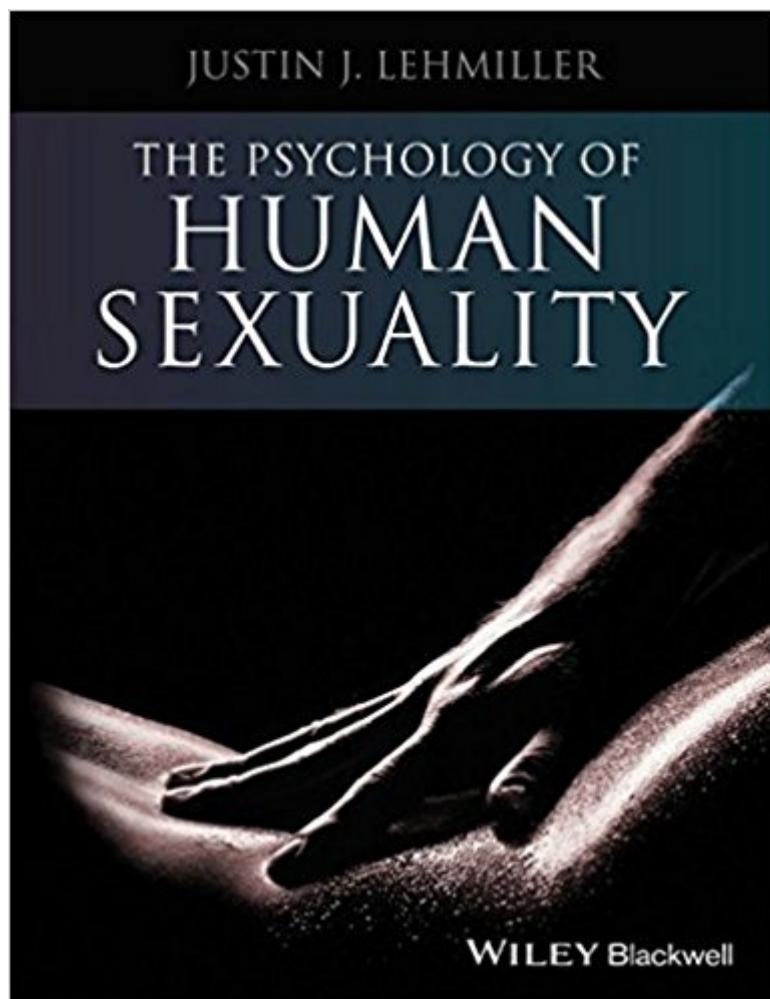


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# The Psychology Of Human Sexuality



## **Synopsis**

The Psychology of Human Sexuality offers a comprehensive overview of human sexual behavior from a biopsychosocial perspective. The text highlights psychological research and theory on human sexuality whilst also considering the biological, evolutionary, social, and cultural factors that influence our sex lives. Features comprehensive coverage of topics including gender and sexual orientation, relationships, sexual behaviors, sexual difficulties and solutions, prostitution, and pornography Offers more in-depth treatment of relationships than comparable texts, with separate chapters dealing with attraction and relationship processes Written from a sex-positive perspective, and is inclusive and respectful of a diverse audience Includes numerous activities to facilitate a dynamic and interactive classroom environment

## **Book Information**

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## **Customer Reviews**

Lehmiller has written an impressive, up-to-date coverage of human sexuality. Well-researched and beautifully written, it surveys the vast and tangled realm of human sexual behavior with gentle respect and insight. Everyone will learn something new from this book and come away impressed with a new appreciation of this vital domain of human social life. ?Roy Baumeister, author of The Cultural Animal: Human Nature, Meaning, and Social Life Going both wide and deep, Lehmiller has produced a singular feat of scholarship that will not only get students and teachers talking about sex, but will inspire conversations about human sexuality that are informed, accurate, lively and respectful" ?Ian Kerner, sexuality counselor and NY Times best-selling author of She Comes First The Psychology of Human Sexuality is a comprehensive, progressive, and in-depth research-based

examination of human sexuality, covering both depth and breadth of contemporary issues in human sexuality. It would be an ideal text for a course for psychology students looking to gain a broad understanding of the field of human sexuality. ?Professor Kristen P. Mark, Director of Sexual Health Promotion Lab, University of Kentucky, USA

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I highly recommend this book. It has been a huge help throughout my course in psychology of human sexuality. This book goes through in detail everything the text book covers however it gives further detail than a textbook. I have to say this is one of the best books to help college students I highly recommend this book. So far this has been one of the best purchases

I don't normally write reviews for my textbooks but this book was the exception. It approaches human sexuality and sexual education in an in depth, easily understood way. The author did a great job presenting the information. Too often textbooks are dry and hard to make yourself read through, this one almost makes you feel like you're having a conversation with the author. Read through the whole thing, learned a lot, and would recommend this book in a heartbeat. Whether you're buying it for a class, trying to decide whether or not to use this book to teach your class, or are just interested in the subject matter and don't mind a textbook read, this is the one.

Great, great read if you want to learn something about human sexuality and the sexual elements

that can 'conceptually' get out of focus. It does an outstanding job of reading neutral without being 'right in your face'. My only complaint is that the writing only skims the surface; I would greatly enjoy and benefit from the author going into more specific subject matters. The author's message is easy to comprehend and I would recommend this book even if your only goal is to "quell your curiosity".

I used the book for two years with an undergraduate class of mostly psychology students. I enjoyed the fact that it takes a psychological approach...this is much lacking in other textbooks on the subject. However it was too detailed in some topics, and heavy going on the whole. The resources that went with the book were inadequate.

Good book to use to teach young adults and people who are not versed into human sexuality. I'm studying to become a sex therapist, and will be going into my internship soon. This was a good book for me to use as a reference and good information to share when writing my thesis.

This book was a good supplement to the human sexuality course I was in and was delivered earlier than expected which is helpful in the beginning of a semester! Interesting and clear content as well.

Everything was good.

Was on my daughters wish list.

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